

2024 Cycling Ulster AGM Agenda:**Thursday 14th November: Quinn's Corner****Opening Remarks: Tommy McCague (Chairperson)****Ordinary Business**

1. To adopt the standing orders for the orderly conduct of the AGM
2. To consider the minutes of the 2023 Annual General Meeting
3. To consider a statement of Cycling Ulster's accounts for the previous year.
4. To fix the rate of any membership levies for members for the following calendar year.
5. To consider reports of the past year's activities.
 - Chairperson's Report
 - Off-Road Commission Report
 - Road Commission Report
 - Leisure Commission Report
 - Track Commission Report
 - Women's Commission Report
 - Safeguarding Report
 - Development Officer Report
 - Youth Development Officer Report
 - Admin and Community Bike Ride Report
 - Mary Peters Trust Report
6. To consider and propose alterations to the rules and /or constitution
7. To consider previously submitted motions
8. To elect Officers to the Executive as follows
 - Chairperson
 - Treasurer
 - Three Executive Officers
 -

Close of AGM

1. Standing Orders for 2024 Cycling Ulster AGM

- a. The mover and seconder may speak but any subsequent amendment must be moved, seconded before discussion is allowed.
- b. Members shall be permitted to speak only once.
- c. The right of reply shall be held by movers of motions and amendments following which the motion shall be put.
- d. Such replies shall be confined to answering previous speakers and shall not introduce new matter into the discussion.
- e. On points of order, the Honorary Chairperson's decision shall be final, but he shall not refuse to consider such same.

Competent amendments	are	
	To	Amend the motion;
	To	Adjourn the debate;
	To	Put the question;
	To	Move to next business.

2. To Receive the Minutes of the 2023 AGM

Minutes of the 2023 AGM held at Quinn’s Corner, Dungannon: Thursday 9th November 2023

ATTENDANCE

Executive Officers: Tommy McCague (chair), Paul Sanders (secretary), Marian Lamb (treasurer), Steven Connolly, Joanna Gray, James McLaughlin, Julie Rea & Pamela Ward

Employees: Gary Lavery (membership development officer), Gemma McNamara (admin support officer), Paul Watson (Sport & Operations Manager) & Barry Scott (Youth Development Officer)

Guests: Tom Daly (President) and Claire Young, Cycling Ireland Board

Delegates: Glen Doherty, Jim Kelly, Jack Watson, Gerry Heverin, Caroline Arnott, Rebecca Fitzgerald, Frank Campbell, Noel McLoughlin, Adrian Hughes, Gary Donaldson, Paul Welsh, Eamon Gorman, Martin Grimley, Sean McCourt, Joe McCool, Gary O’Donnell, Colin Wilson

Apologies: Dany Blondeel

- Tommy McCague opened the meeting by welcoming all present.
- As a quorum of 5% of clubs was reached, the meeting commenced.
- A moment of silence was observed for members and their families who lost their lives over the last year.
- Tommy McCague presented his chairperson’s address

1.0 Adoption of Standing Orders

- The standing orders for the orderly conduct of the AGM, as outlined in the [AGM booklet](#), were proposed for adoption by Tommy McCague and seconded by Jim Kelly, Island Wheelers.

2.0 2022 AGM Minutes

- The minutes of the last AGM, held on 22 October 2022, were agreed as a true and correct record with no amendments requested.
- These were proposed for adoption by Tommy McCague and seconded by Claire Young.

3.0 Financial Statements

- The financial statement to December 2022, approved by Cycling Ireland, and the income and expenditure statement for nine months up to end of September 2022, contained in the [AGM booklet](#), were proposed for adoption by Marian Lamb and seconded by Jim Kelly, Island Wheelers.
- Tommy thanked Marian Lamb for all her hard work in keeping on top of Ulster's finances and ensuring a strong financial position.
- No queriers were raised.

4.0 To Fix The Cycling Ulster Membership Levy For 2024

- Tommy outlined that in the past, Ulster members paid a £10 levy on top of their Cycling Ireland licence.
- For 2024, an agreement has been put in place with Cycling Ireland that this levy will be paid by Cycling Ireland and will also encapsulate the capitation previously paid to Provinces. The amount agreed to cover the two payments was €75k. The agreement will be reviewed at the end of 2024.
- Cycling Ulster also negotiated with Cycling Ireland that the 2024 membership fee will include personal accident cover, so there will no longer be a choice to opt in or out. The leisure licence will remain at £53 plus event master fees.
- The club affiliation fee of £135 indemnifies club and trustees for public liability and covers three beginner spins for non-members.
- A query was raised from the floor regarding the cost of club affiliation. This was incorrect on the website but has now been rectified and both clubs that paid the additional fee have been refunded. The affiliation fee is £135 until the end of January at which stage a late payment charge is added.
- Queries were raised in relation to event master fees. It was clarified that the fee is a percentage of the total spend and includes stripe card charges. The event master fee was recently renegotiated to lower the percentage by 1.5% following a request at the 2022 Cycling Ireland AGM. The current contract runs until the end of 2026. The fees were benchmarked against several other platforms and are in line with similar products.
- Charges for a membership card was raised and it was clarified that long term plans towards becoming a biodegradable organisation include the decommission of plastic cards. Licences can be downloaded and saved onto your device.
- It was noted from the floor that the event master system is a useful and valuable system.
- Paul Watson to check fees charged on club membership monies as a club in ROI reported that this fee was absorbed when they renewed.

- Camlough CC raised a number of other queries on behalf of their members and responses were given as follows a) the affiliation fee for clubs is £135 and covers clubs for public liability €13m and professional indemnity of €1m, b) personal accident insurance is now included in £53 leisure membership and includes death €15k, permanent disablement €15k, medical expenses €2500, dental €2500, physio €250, loss of income €150 per week, c) personal accident insurance is the same for members located in the North and South, d) membership is the same in all provinces this year, e) the insurance broker is Allianz and covers both North and South. Paul from Camlough reported on behalf of his members the difficulty in being able to justify £53 for a leisure licence given they can access a better insurance cover that includes member to member for a similar cost. The club are no longer interested in sportive or running the Hog Run or Spring 60, so the membership vs one day licence argument isn't an advantage.
- Paul Watson added that there should be a focus on the other elements that the membership fee includes and not just insurance. These include being part of an all-Ireland federation, training and coaching opportunities, a national leisure series, staff employed who can provide support, monthly review meetings with the insurance broker, support for events from youth to masters, accredited marshal training, and investing in the future of the sport.
- A query was raised from the floor in relation to the current personal accident insurance covering medical expenses but residents in North free medical cover through the NHS and should a different policy be negotiated for NI. Another query was then raised that those in ROI may be disgruntled if a different policy is available for NI residents.
- The CEO is currently looking at a possible family membership of two adults and unlimited children and is also looking at the NI insurance offering given part of the current offer is not applicable to NI residents.
- A query was raised from the floor relating to the one-day licence charge and how whilst the model to try and increase membership is recognised, it has meant that event organisers have decided to seek their own insurance so that participants don't have to pay this additional cost. Couple this with Cycling UK membership being a cheaper option more needs to be done to market the other things that Cycling Ireland membership fees is used for.
- Tom Daly, President of Cycling Ireland spoke of the difficulties faced but that headway has been made, a new constitution has been adopted, a governance overhaul to bring the organisation into a much better place for the future and that it will take time for the benefits of this work to seep down into the membership. The data coming out of event master will help the organisation to make better strategic decisions going forward. Responsibility for youth development has transferred to the CEO. The overall aim is to promote cycling and create an infrastructure for members and volunteers.

5.0 To Receive Reports

- All commission reports were taken as read, proposed by Tommy McCague and seconded by Tommy Lamb.
- Discussion ensued on issues members are experiencing when reporting incidents on the road to the PSNI. Any issues should be sent to chair@cyclinglester.com and these will be raised with the PSNI.

6.0 Motions

- Belfast City BMX Club proposed the following motion ‘some commissions are made up of only a small number of clubs. To ensure a fair and equal representation, it is proposed that the following approach be taken when filling the posts in commissions made up of four clubs or less:
 1. The commission is comprised of no more than eight people (plus a CU rep) and where possible, shall be made up of equal numbers from each club represented.
 2. The roles of chair and secretary of the commission are rotated between clubs each year with a rep from different clubs each holding one position.Commissions should develop a rota system to ensure fair and equal representation and sharing of roles/responsibilities between all clubs.
- The motion was debated. It was felt the wording was onerous for all disciplines.
- No other BMX clubs were present.
- The CEO and Paul Watson will be working with the BMX commission.
- Terms of reference and roles and responsibilities will be developed for each commission and it has been agreed the maximum number of members in each will be capped at eight.
- The motion was withdrawn.

7.0 To Elect Officers To The Executive

The following officers were duly elected as follows:

- Pamela Ward, proposed by VC Glendale as Safeguarding Officer and seconded by Glen Doherty.
- James McLaughlin, proposed by Island Wheelers as an Executive Officer, seconded by Glen Doherty.
- Steven Connolly, proposed by DB Cycling Club as an Executive Officer and seconded by Glen Doherty.
- Sean McCourt, proposed by VC Glendale as an Executive officer and seconded by Glen Doherty

8.0 Any Other Business

- The presentation of special awards will be made at the award celebration on 28 January 2024.
- Jim Kelly thanked the cycling community and the support of Cycling Ireland when arranging the nationals earlier this year.

There being no other items of business the meeting concluded

3. To fix the rate of membership levies for the following calendar year.

4. To receive the financial statement to December 2023 approved by Cycling Ireland and the Income and Expenditure Statement for nine months ended September 2024

CYCLING ULSTER CONSOLIDATED ACCOUNTS 01/01/2023 TO 21/12/2023		
Average Exchange Rate Euro to Stg in 2023 = 0.8713 GBP		
	STG	EURO
Balance as 1st January 2023	£ 91,911.89	
Average Exchange Rate Euro to Stg in 2023 = 0.8713 GBP	£ 100,880.73	€ 115,781.86
Total Opening Balance 1st Jan 2023	£ 192,792.62	
INCOME		
Awards Night Ticket Sales	£ 267.00	
BMX Commission Income	£ 2,728.00	
CUORC Participant Levies and Returns	£ 382.75	
CUYA Crit Series, Funday, Inter-regional Refund	£ 1,427.00	
CUYA Belgium Trip Participant Levies, Returns and Fund Raiser	£ 11,545.33	
Balance of 2022 Membership Levies	£ 935.21	
Balance of 2022 Capitation	£ 188.20	€ 216.00
Membership Levies and Capitation	£ 58,956.70	
National Track Commission	£ 1,846.80	
Road Commission Returns	£ 1,137.64	€ 1,305.68
Track Commission Returns (Interregional and Track Trip)	£ 1,828.97	
Women's Commission Participant Levies and Returns	£ 2,702.00	
Women's Commission Sponsorship	£ 130.70	€ 150.00
Total Income	£ 84,076.29	
EXPENDITURE		
Admin	£ 387.11	
Admin Euro	£ 167.08	€ 191.76
Asset Expense	£ 1,277.01	
Asset Expense Euro Acc	£ 2,973.40	€ 3,412.60
Bank Fees	£ 162.60	
Bank Fees Euro	£ 58.42	€ 67.05
BMX Commission Euro Account Coaching Course	£ 859.97	€ 987.00
BMX Commission	£ 7,296.78	
Cycling Ireland Auditors	£ 18.73	£ 21.50
CU Kit	£ 4,325.06	
CUORC	£ 11,450.98	
Cycling Ulster Youth Academy (Travel, courses, venue hire, events)	£ 8,075.06	
Cycling Ulster Youth Academy (Belgium Trip) STG	£ 6,880.99	
Cycling Ulster Youth Academy (Belgium Trip) EURO	£ 9,580.85	€ 10,996.04
Cycling Ulster Youth Academy Entry YToS 2024	£ 1,002.00	
Event Sponsorship	£ 1,000.00	
Executive Expenses (Venue Hire, Hospitality, Travel, Admin)	£ 3,152.39	

Executive Expenses (Venue Hire, Hospitality, Travel, Admin) Euro	£	373.35	€	428.50
Leisure Commission	£	1,175.71		
Leisure Commission Euro	£	39.21	€	45.00
Marketing and Publicity	£	624.06		
National Road Events	£	621.95		
Planning and Strategy Meetings	£	287.80		
Prizes and Awards	£	485.78		
Professional Affiliation Fee to Commonwealth Games Council	£	120.00		
Professional Affiliation Fee to NI Sports Forum	£	182.00		
Refund of Radio Hire	£	100.00		
Road Commission	£	8,208.58		
Road Commission Euro	£	13,668.04	€	15,686.95
Safeguarding	£	400.00		
Track Commission	£	11,978.87		
Youth 3 Day (Accommodation/Travel)	£	113.81		
Website Maintenance	£	337.00		
Women's Commission	£	6,389.30		
Women's Commission Euro	£	2,288.99	€	2,627.10
Total Expenditure	£	106,062.88		
Total Surplus/Deficit for the year				
Cashflow Statement 2023				
Opening Balance as of 01-01-2023	£	192,792.62		
Deficit for 2023	-£	21,986.59		
	£	170,806.03		
Closing Balance as of 31-12-2023				
Comprising of				
Closing Balance Sterling Account	£	98,974.62		
Closing Balance Euro Account (With Conversion)	£	72,309.22	€	82,990.04
Total of the accounts in sterling	£	171,283.84		
Currency Exchange Rate Difference	£	477.81		
Total Cash Balances at 31-12-2023	£	170,806.03		

On behalf of the Executive we certify that these accounts represent a true and accurate picture of the financial affairs of Cycling Ulster for the period 1st January 2023 to 31st December 2023. These accounts will be presented to the members of Cycling Ulster at the Annual General Meeting to be held on 14th November 2024

Signed by Members of the Finance Committee on behalf of the Executive

Chairperson Tommy McCague



Treasurer Marian Lamb



Assistant Treasurer Martin Montague



Secretary Paul Sanders



Finance Officer Pamela Ward



Date : 10th October 2024

CYCLING ULSTER CONSOLIDATED BALANCE SHEET TO 30th SEPTEMBER 2024		
	STG	EURO
Balance as 1st January 2024	£ 98,974.62	€ 82,990.04
Average Exchange Rate Euro to Stg in 2024 = 0.8512 GBP.	£ 70,641.12	
Total Opening Balance 1st Jan 2024	£ 169,615.74	
INCOME		
Awards Night Income (2023 Dinner)	£ 2,635.00	
National Track Commission	£ 294.50	
Cycling Ireland	£ 45,602.88	
CU Kit Sponsorship O'Reilly Stewart	£ 5,000.00	
Ulster Road Race Championships Entry Fees	£ 1,690.00	
Women's Commission	£ 2,999.93	
Women's Commission income in Euro	£ 170.24	€ 200.00
Total Income as at 30th September 2024	£ 58,392.55	
EXPENDITURE		
Admin	£ 59.99	
Admin Euro	£ 136.02	€ 159.80
Asset Expense (Includes car purchase)	£ 7,600.65	
Awards Night (2023)	£ 3,946.00	
Bank Fees	£ 120.00	
Bank Fees Euro Account	£ 40.94	€ 48.10
BMX Coaching School Games	£ 350.00	
CU Kit	£ 2,004.98	
CUORC	£ 2,086.50	
CUORC Euro Spend	£ 102.14	€ 120.00
Cycling Ireland Auditors Fee	-£ 18.30	€ 21.50
Event Equipment (Consumables)	£ 36.00	
Event Safety	£ 1,867.56	
Event Sponsorship	£ 1,350.00	
Executive Expenses	£ 1,969.97	
Leisure Clothing for Youth Teams	£ 614.10	
Leisure Commission	£ 2,435.02	
Marketing and Publicity	£ 552.00	
Prizes and Awards (2023)	£ 851.15	
Road Commission Sterling	£ 19,066.24	
Road Commission Euro	€ 7,837.93	€ 9,208.10
Safeguarding	£ 13.00	
Technical Budget	£ 700.00	
Track Commission	£ 4,573.82	
Ulster Road Race Championships	£ 1,500.00	
Women's Commission	£ 2,271.60	
Women's Commission spend Euro	€ 2,522.38	€ 2,963.32
Total Expenditure as at 30th September 2024	£ 64,589.70	
Closing Balance at 30/09/2023		
Comprising of		

Closing Balance Sterling Account 30-09-2024	£	103,278.35	
Closing Balance Euro Account (With Conversion) 30-09-2024	£	60,167.24	€ 70,685.20
Total of the accounts in sterling 30-09-2024	£	163,445.59	
Total Cash Balances as at 30th September 2024	£	163,445.59	

5. To Receive Reports

Chairperson Report

I would like to begin by extending my sincere gratitude to all our volunteers, riders, Commission members, and Executive members who have worked tirelessly to promote cycling in Ulster throughout 2024. This year has brought many positives, and we continue to make strides in multiple areas. Here, I'll focus on the achievements we've enjoyed as an organisation in developing the sport for all.

Cycling Ulster membership for 2024 stands at 5,963, a slight decline compared to previous years. Addressing this decrease is a top priority, and we are pleased to have welcomed Stuart Balfour and Gary McKeegan to our Development Team. Together, they will support efforts to increase both youth and adult membership across the province. With their leadership, and a robust strategy in place, we are committed to growing our membership and supporting clubs across Ulster.

We currently have 135 active clubs within the province, and over the coming months, we will present plans for our commissions and outline objectives for the Executive in collaboration with Cycling Ireland. Together, we aim to promote and support all aspects of our sport in Ulster.

Governance remains a high priority for the Cycling Ulster Executive. This year, we have worked closely with Cycling Ireland to further develop pathways that foster youth engagement and increase participation across all levels of the sport. An exciting focus for Cycling Ulster this year will be expanding our outreach to schools and working with stakeholders such as Sustrans to drive youth participation.

Cycling Ulster continued its representation at forums in Stormont, including the All-Party Group on Cycling, which engages government officials on issues impacting cycling infrastructure and development across Northern Ireland. Gary McKeegan has been instrumental in these efforts, ensuring that the voice of Cycling Ulster is well-represented in these important discussions.

Cycling Ulster is currently in a strong position, both in terms of knowledge and expertise within our teams, as well as financially. We are delighted to have welcomed Stuart Balfour and Gary McKeegan to the Development Team, along with our part-time Ulster Admin Officer, Gemma, who has taken on an additional role within the Community Bike Ride programme. Their combined expertise will be vital in supporting our members and advancing youth and club development.

Our Ulster riders have continued to excel, both locally and on the international stage. Many young riders proudly represented Ulster on the National team at the World Championships, showcasing their talents and earning well-deserved recognition. Riders like Darren Rafferty and Seth Dunwoody have truly stood out, contributing to Ulster's growing reputation in global cycling.

This year also saw two National Time Trial records broken by Ulster riders on the Frosses circuit during the successful Ernie Magwood Super 6 league, with Conor Murphy and Aliyah Rafferty making their mark in impressive style.

Paris 2024 was a spectacular event! It was an honour to watch as our Olympic and Paralympic athletes competed on the world stage, making all of Ulster proud.

I would also like to extend my thanks to the hosts of the Ulster and National Championships for their hard work in ensuring our events took place smoothly in 2024. These events are the backbone of our racing calendar, and we couldn't do it without the dedication of all involved.

A special thanks to Foyle Cycling Club for organising the Ulster 3-Day International Youth event, the only event of its kind in the province. Their volunteers worked tirelessly to make this a standout success. Thanks also to Newry Wheelers for hosting their annual 3-Day event, which consistently exceeds expectations and was, once again, fully subscribed.

Our social media presence continues to grow, thanks in no small part to the clubs that actively share their events and engage with us through tags and posts. I encourage all our members to continue this engagement, as it significantly helps to increase our reach within the broader cycling community.

I would like to personally thank Gary, Stuart, and Gemma for their ongoing support, both to me and to our volunteers and clubs. I also extend my gratitude to our sponsors—O'Reilly Stewart Solicitors, Donnelly Group, and Phillip McCallen E-bikes—for their steadfast support of Cycling Ulster during my term as Chair.

To all Cycling Ulster members and their families, I thank you for your continued support of cycling events throughout the year. Your involvement is deeply appreciated, and I want to give special recognition to all our volunteers.

I would also like to extend my heartfelt thanks to the Cycling Ulster Commissions for their dedication. We've shared many honest and, at times, challenging discussions, but I've always appreciated our strong working relationships. I am confident that the Commissions will continue to grow, and I am delighted to include their reports within this booklet.

A special note of thanks goes to Cycling Ireland CEO James Quilligan, who took up his role 17 months ago. I am grateful for the support and collaborative relationship we've enjoyed—not just for Ulster but for the other provinces as well. I also want to acknowledge the provincial Chairs for their cooperation, which has been instrumental in helping to develop and grow our sport.

My thanks also go to the Board of Cycling Ireland for their continued support of Cycling Ulster and the wider cycling community.

Finally, I'd like to thank the outgoing Cycling Ulster Executive of James McLaughlin, Marian Lamb, Joanna Gray and Sean McCourt and thank them for their time, commitment and passion for cycling. Without their support, Ulster wouldn't be where it is today.

I would like to conclude by giving special recognition to Marian Lamb for her incredible contributions to Cycling Ulster over the years—her commitment and passion have truly made a lasting impact on our organisation.

Off-road report

The following report is for the activities of the Cycling Ulster Off-road Commission (CUORC) and off-road racing from the period of October 2023 to October 2024. The commission members are elected at their annual AGM. Details can be found on the commission's website www.offroadcyclingulster.com.

The biggest issue the commission is facing is the lack of off-road events in Ulster. There were no cross-country events, downhill events or enduro events in Ulster in 2024. The commission doesn't run events, clubs do this. Clubs have been having ongoing issues with getting venues and volunteers.

Cyclo-cross events still seem to happen. Looking back at 2023 VC Glendale hosted the first round of the National Cyclo-cross series in Falls Park in Belfast on 17 September 2023. Kinning Cycles ran their annual GP Brian Kinning event in Orangefield before the Ulster series started in October 2023. There were 5 events with the Ulster provincial championships taking place at CyclocrossNI in Portadown, hosted by Velocity Road Club. The commission supported all of the Ulster events with promotion and equipment.

Sadly, the venue at CyclocrossNI is not available for 2024. The 2024 cyclo-cross season had a bad start with the GP Brian Kinning race being cancelled due to small numbers. VC Glendale did manage to run a successful first round of the National Cyclo-cross series at Falls Park on 6 October 2024. However, the first round of the Ulster series, which was due to run on the 20 October 2024 hosted by Foyle CC, got cancelled due to storm Ashley triggering the closing of all the parks.

In February 2024 the commission did put out an expression of interest for riders to join the Cycling Ulster MTB Development Squad. This did gather around 40 riders in the Under 14s, Under 16s, Junior and Under 23 age groups.

The commission ran an introduction to cross-country racing in February which attracted 9 riders from age 4 to 11. Unfortunately, the Spring Series that Kinning Cycles hoped to run in March was cancelled due to low numbers of entries.

The commission had budgeted to send a team of riders to the British Cross-country series but there weren't enough active cross-country riders in the age group (2nd year Under 16, junior and Under 23) to send.

A women's only enduro training session was held in August with Andy Coburn, two enduro training sessions were held with Philip Mullan in August and downhill training sessions were also held in August with Chris Cumming.

This year, in place of the Inter-regional Mountain Bike Championships, normally held by British Cycling, there was the first Inter-provincial Youth MTB Competition which was held on the first weekend in September at the McCrystal Cyclo-cross track in County Louth. There were 8 riders from Ulster taking part. The commission had provided coaching support on the day as well as providing a skills coaching session the week before the competition.

The commission organised a bike maintenance evening at Cycleology in September 2024 with 11 attendees.

In November we are hoping to run the rescheduled Downhill/enduro training session with Colin Ross.

Report compiled by Cycling Ulster Off-road Commission: Martin Grimley (Secretary)

Road Commission Report

2024 was another very successful year on the Road for Cycling Ulster riders from under 16 through to Elite riders. They have won and podium in a number of events throughout Europe & UK. We also had a lot of riders Male & Female who represented Ireland in International events. A special word of congratulations should go to the Rafferty family who had 3 family members representing Ireland at the World Road Championships in Switzerland, this was fantastic achievement.

This year, the Road Commission continued to implement its pathway for riders, mindful of evolving trends in international cycling. Notably, European-based teams are now targeting younger riders, shifting their focus from under 23s to under 18s. In response to this, the executive requested the commission include youth riders in our plans to better prepare them for these changes.

The programme for 2024 was focused on a much more Development and Educational based format, holding a number of training days which catered for all youth categories on the road.

During these sessions, riders received guidance on group riding skills, race preparation, nutrition, and more.

This was only made possible with the help and input of a number of our senior Riders & Coaches, and I would like to take this opportunity to thank Matty Teggart, Dean Harvey, Kevin Mc Cambridge, Mark Harvey, Colm Watson, Barry Monaghan, Katie Neil, Stuart Balfour & Gary McKeegan.

After assessing the standard of the riders, it was felt the U16 boys and a mix of U14 & 16 girls formed the best group to work with.

After targeting this group of riders, we set about preparing the squad for a number of international events, including Youth Tour of Scotland, Foyle Youth Tour, North West Youth Tour & Regional School games.

Kevin became a major asset to the Youth squad taking on the leadership role, attending all the training days and travelling to a number of events to offer help and direction.

Both squads had great success in Scotland, we feel the change of direction and hard work made this success possible. We also had wins with the Boys in Foyle and at the NWYT. A lot of these wins were down to strong professional Teamwork which had been worked on during the year.

I believe the process of combining boys and girls in training sessions, along with adding junior riders in June, made the transition to international racing smoother for all involved. We plan to apply the same approach in 2025 for the new U16 riders. We're currently considering several events to participate in, pending available funding and the calibre of the riders.

We did enter an under23 men's team in Ras Mumhan where we had a great team performance with Jamie Meehan being our lead rider.

We also entered a team in the Ras Tailtean, but due to the lack of available riders we had to withdraw. The budget for this event was transferred to be used for the 6 x Under 16 boys who travelled to the NWYT at the end of the year. No girls returned the EOI for this event.

The Junior Tour was another great race for Cycling Ulster riders with Cameron Henry winning the 1st year junior overall prize and finishing 3rd overall. He was assisted by a great group of 1st year juniors who will all have gained a great deal from this event.

At Ras na nBam, although we only travelled with three riders due to international duty and last-minute illnesses, those who competed represented Ulster well and grew from the experience. However, the lack of riders willing to participate in this international event raises concerns about fielding a team next year.

Looking ahead to 2025, our focus will be on developing emerging talent, specifically targeting U16 and junior squads. We plan to hold joint training camps and create race programmes tailored to our riders' strengths. If funding permits, we hope to include a period of racing and training in Belgium, which would be a valuable experience for our riders.

Special Projects

Regional HP centre

We are exploring the possibility of establishing a Regional High-Performance (HP) Centre in partnership with Ulster University. This would complement the work of the Cycling Ireland HP Unit's Athlete Development Programme, making the transition from club/regional racing to international competition smoother and allowing more riders to benefit from the expertise of the coaching group.

Belgium Academy

We are also considering the feasibility of setting up a summer hub in Belgium or France. This would provide our riders with the opportunity to experience racing outside Ireland. Discussions with Cycling Ireland and other regions about sharing costs across multiple funding sources will be essential.

Equipment

There is a need for the following equipment

- First Aid kit
- Bike stands
- Work Stand
- Power washer

Team Clothing

Race suits should be included with the next order of Team kit.

Staff Daily Rate

The Road Commission would like to discuss with the executive the daily rate, as we feel it is not sufficient to allow us to bring on board the standard of people we require.

Team Selection

The Commission feel the selection criteria needs to be looked at in relation to the makeup of the selection panel.

While some found the changes we implemented challenging, I assure you that every decision was made in the best interests of our riders, and the results speak for themselves.

I would like to thank all the members of the Commission for their help and involvement in 2024 and hope at least some of you will stay on the commission in 2025. I would like to thank all the Managers, Mechanics and Swannies who gave of their time and expertise, working tirelessly with the teams at all of the events this year. We are blessed to have such a group of talented people prepared to work with our riders.

Frank Campbell :Road Commission Chair

Cycling Ulster Leisure Commission

2024 is the second full year the leisure commission has been in operation. Our [terms of reference](#) sets out our aims and objectives.

We said goodbye to Sandra Fitzpatrick who stood down from the commission earlier this year and just recently said goodbye to Jeff Aiken, our vice-chairman, who sadly left us in October. We'd like to thank both Sandra and Jeff for their commitment and enthusiasm whilst in post.

We welcomed new members John Corrigan, Gary Lyons and David Knox in September and look forward to working with them over the next couple of years.

We had a busy year and it's not over yet! Below is a snapshot of the hard work our volunteer members have done over the last year.

Leisure Series

2023

Congratulations to the winners of our 2023 leader boards. Due to not having a king, we awarded the two ladies who travelled the length and breadth of the country to take part in all three events. Frances Johnston from Mallard Flyers CC and Sandra Fitzpatrick from DB CC were awarded 2023 Queen of the Year and both received £100 voucher each to spend in [Caldwell Cycles](#) and [Fit Studio](#) (both [partnership stores](#)).

Club of the Year went to DB CC and their 2024 Cycling Ireland affiliation fee was paid.

2024

The commission organised the second Cycling Ulster Leisure Series that comprised of four events across the region. A special thanks go to Armagh Down CC, Emyvale CC, Killinchy CC and Omagh Wheelers CC for agreeing to their events being part of this series. Each club received £250 towards event expenses and many of our commission members attended and participated in each event. The series also included prizes for King and Queen of the year and Club of the year. The results will be announced at our awards ceremony on 26 January 2025.

Close Pass Initiative

Every year we work with the PSNI on rolling out close passes and these took place in a number of different districts during the summer.

Ride leaders

The commission funded a number of cyclists to achieve the [Cycling Ireland Ride Leader](#) qualification. This valuable training provided leaders with the necessary skills and knowledge to effectively lead and manage a group of cyclists on the road.

Skills sessions

Earlier in the Year the Commission organised six bike skills sessions which were open to all members of Cycling Ulster. The sessions were aimed at improving individual's bike handling skills and techniques whilst making riders more confident and capable in both a group and solo setting. The skills sessions were hosted in four different locations (Donegal, Antrim, Armagh, Cavan) throughout the province with over 40 members taking advantage of the fully funded places on offer. These sessions were very popular and well received and we hope to hold similar sessions in 2025, so keep an eye out for those.

Bike maintenance

We continued to organise our popular bike maintenance sessions throughout 2024. Again, these sessions proved popular and covered bike maintenance basics and some very useful 'quick fixes' for issues arising out on the road. We would like to thank John M Hanna Cycles & E-bikes, Mike's Bikes and Feel Good Bicycles for participating in this initiative. We hope to roll out more sessions in 2025. We would encourage any shops interest in collaborating to please get in touch.

Bike registration events

Bike theft continues to remain at high levels, especially in city centres, and we have been working to increase members awareness of the [bike register](#) that aims to reunite stolen bikes with their owners. This year, alongside promoting organised sessions, we asked the clubs participating in the Cycling Ulster Leisure Series to organise a bike marking event at their sportive in order to reach as many riders as possible. We would be happy to organise more sessions in the future, especially at sportive. If this is something that interests your club, please reach out and we will do our best to help organise a session.

Other Events**Training Talk**

To kick the year off to a good start the Commission organised an online Training Talk. The talk hosted by Gary McKeegan covered a wide range of topics such as winter training and how to increase miles, speed and strength. This talk was free to all members of Cycling Ulster and is available to watch by emailing gemma.mcnamara@cyclingireland.ie along with your membership number.

Couch to 30k

In April the Commission released the 2024 'Couch to 30k'. This programme offered an introduction to group cycling for both new and returning riders. Clubs and individual ride leaders were asked to get in touch if they were interested in offering a 6–8-week course encouraging more people on to bikes.

Benefits included a fully insured programme for clubs to deliver, reduced membership offer and a 'Bike For Life' pack for participants. Unfortunately, interest from clubs was low, but we would like to take this opportunity to thank the clubs that joined this initiative and hope to see more clubs joining in 2025.

Nutrition talk

We organised a super interesting talk on nutrition that gave great advice on fuelling rides and post-ride recovery. The session was hosted by Jane McClenaghan from [Vital Nutrition](#). We have a recording of this. Email gemma.mcnamara@cyclingireland.ie to get a copy of this.

Bike Week

During May (Ire) and June (UK) we celebrated bike week with a selection of clubs offering a wide range of great activities. Some of the events on offer included bike maintenance sessions, free puncture repairs, social cycles and ebike trials. We were delighted to help provide funding to clubs for these events and would like to encourage more clubs to participate in Bike Week 2025, so get your thinking caps on!

Also during bike week, the commission teamed up with Belfast Cycle Campaign, Cycling UK NI and The Linen Quarter to help fund Belfast's first bike exhibition. The event, '[Gears&Beers](#)' was an amazing success and contained a large number of unique and interesting bikes spanning a number of years. The exhibition also included music, some great bike art, pizza and as the name suggests a few beers!

Her Outdoors week

In August the commission worked alongside Cycling Ulster to fully fund activities in an attempt to increase the number of women in cycling. Clubs were encouraged to host some funded events for both members and non-members to participate in. These activities promoted more females to get out and enjoy the benefits of cycling outdoors. The events held were a great success and we hope even more clubs and ride leaders will participate next year. We would like to commend all the clubs that took the time to organise events including Donegal Bay Cycling Club, Ards Cycling Club, Oona Wheelers, Errigle Cycling Club, Agivey Cycling Club, Mullaghmeen Mountain Bike Club. We hope to see more clubs participating in 2025!

Donegal Big Weekend 2024

We had a thrilling weekend in Donegal Town from 11-13 October 2024. The weekend involved leisure spins on Friday, Saturday and Sunday and a big thank you to Donegal Bay CC for being our route and coffee stop guides. We anticipate this becoming a yearly event so keep an eye out on our socials and book your place quickly! The Donegal weekend sold out in under three weeks!

Insurance

Throughout the year the commission had been asking Cycling Ireland for clarification on membership insurance when participating in non-accredited Cycling Ireland events. In the latter stage of the year we are pleased to announce our persistence paid off and Cycling Ireland released a [statement](#) regarding approved events.

We also lobbied hard for a reduction in the one-day licence permit. Thankfully our efforts did pay off and we got this reduced to £13/€15. Clubs have already seen the benefit of this reduction and one example saw a club sell over 50% more one day permits from the previous year.

Social media

Our Facebook and Instagram pages have grown from strength to strength over the past year. More clubs are engaging with posts and sharing information enabling us to reach more members.

We continually promoted leisure events being held province wide on a monthly and weekly basis throughout the sportive season. This has been well received and highlights events not widely known.

Shop Partnership

We now have 22 businesses who offer [10% off to Ulster members](#). These include Downey Cycles, Hicklands Cycles, The Spin Doctor, Roe Valley Cycles, Slane Cycles, John M. Hanna Cycles, Dave Kane Cycles, Philip McCallen E-bikes, The Cycle Zone, Cycleology, Podium 4 Sport, Fit Studio NI, Feel Good Bicycles, Bannside Hardware, Mike's Bikes, Fustle, The Bike General, Velo paint works, Victory Chimp, The Bike Emporium, Balloo Hire Centre. Why not ask your local cycle shop if they'd like to join and put them in touch with us.

Governance

We reviewed our [terms of reference](#) in line with Cycling Ulster's request to streamline this alongside the other commissions. These have been implemented and our members have completed Access NI checks as required.

We also held meetings with Paul Norton, Participation Manager with Cycling Ireland, and Gary McKeegan, our new Regional Development Officer in Ulster, to learn about their roles and how the commission can work with them going forward.

Useful guides and documents

[A Guide for Solo Cyclists](#)

[Guide for new cyclists](#)

Cycling Ulster leisure commission [strava club](#), please join us!

Joanna Gray (chair), Jeff Aiken (vice-chair), Lisa-Jane McIlveen (secretary), Rebecca Fitzgerald (comms), PC Convery, David Knox, John Corrigan and Gary Lyons.

Cycling Ulster Track Commission report 2024

Ongoing issues with the soccer fence at Orangefield, hopefully resolved going forward for the overlap season which impinges on our start and finish dates, saw Track activities commence much later than hoped for, in May.

Despite the curtailed season (the soccer fence was reinstated in August) we enjoyed a compact season of accreditation, training, racing and an Ulster Championship.

As usual, the younger categories were to the fore with good attendances in the Under 10s and 12s. The focus for Under 16s was selection and preparation for the August School Games which saw a combined Road and Track programme which, due to injury etc., saw Ulster field a reduced squad. This counted against us in the overall standings but nonetheless gave all riders a great experience of a multi-sport games atmosphere.

The summer months saw us shoehorn a 4-round league into the programme along with a season-ending Ulster Championship, the prizes and medal for which will be available at the Cycling Ulster prizegiving in January.

Looking ahead, we are planning a more comprehensive programme for 2025 and hope to be working closely with the Ulster Youth Development Officer Stuart Balfour to come up with a full programme, not solely aimed at Youth riders, but encouraging all aspiring Track riders through from Under 10 to Master.

Thanks to all the commission members who helped throughout the year, and those who gave up their time to coach on a voluntary basis.

Anthony Mitchell.

Track Commission Secretary 2024.

Commission members -

Chair.	Paul Dixon
Secretary.	Anthony Mitchell
Treasurer.	Steven Lindsay
	Gary McKeegan
	Nicola McKiverigan
	Willie Hamilton
	Sarah Reynolds

Women's Commission Report 2024

The Women's Commission has had another very busy and successful year and has organised and delivered a varied programme of events.

Introduction to Audax

A webinar was held on 27 March 2024 and presentations were from

- Helen Kerrane
- Gary McKeegan
- Julie Rea

All provided excellent insights into preparing for and participating in endurance events such as Audax.

Women on Wheels - Road

In May 2024, Portadown Cycling Club and Belfast City BMX Club successfully launched the Women on Wheels Programme for beginner female cyclists. Fourteen women participated, with support from the Cycling Ulster Women's Commission, which funded new Ride Leaders in both clubs. Over six weeks, the women completed the Bike for Life programme, attending up to two sessions per week. The course introduced them to group riding, bike skills, and progressively improved their fitness. The programme concluded with participants joining a club "bun run," following an initial session that covered bike checks, group riding basics, and preparation for the weeks ahead.

We hope to encourage more clubs to take part in 2025.

Women on Wheels – off Road

6-week Gearing Up Off Road programme run by WOW trained coaches was delivered in;

- Belfast
- Garvagh
- Gosford

Each Participant received a subsidised 2024 Cycling Ireland leisure Licence which enabled them to participate in other Women's Commission and Club MTB events throughout 2024

Next step MTB

This initiative has been introduced to encourage the next step from trail centres onto natural trails. It is a social, uncoached ride designed to be fun and informal.

In 2024 we have had rides in Gortin Glens and Castlewellan with 6 women attending.

Women's Enduro Progressions Series

8 women were selected from 12 applicants to take part in this series of 4 coached sessions intended to provide training to equip and enable women who want to develop race skills.

It includes training in:

- technical features, line choice, how to maintain a higher average speed, race craft, race prep and experience of being timed.

The aim of the programme is to have a group of women confident and ready for the 2025 race season.

Wee day Out

Wee day out took place on 1st June 2024.

26 women took part in Road and Off-Road activities plus BBQ and Yoga afterwards, using Willow & Lore Glamping as our base.

The off-road group headed into Glenariff Forest, and the road group took in the beautiful sight of the Glens of Antrim.

It was lovely to get so many women together halfway through the year, before the Big Day out on 21st September this year.

Mondello 24

Two teams participated in the 8-person team – all female category at the Modello 24 Cycle on 22nd June 2024. The participants came from clubs across Ulster and showed incredible team spirit under the leadership of Captains Helen McParland and Donna Smith. Support for the teams for the 24-hour cycle was provided by Brenda McGillian and Paul Sanders.

Results

- Team 1 completed 221 laps and came Second in Category
- Team 2 completed 193 laps and came Third in Category

Lots of new friendships were formed and everyone is looking forward to participating again next year.

Big Day Out 2024

On the 21st of September, the Cycling Ulster Women's Commission held this year's highly anticipated Big Day Out at the stunning Tollymore National Outdoor Centre. Now in its third year, the event continues to go from strength to strength, with participation numbers increasing once again.

Nearly 100 women from across the province came together to take part in this special event, which celebrates women in cycling and promotes inclusivity in the sport. Participants had the opportunity to enjoy a wide range of cycling activities, including Road, MTB, Gravel, and Community Bike Rides. The day wasn't just about riding though—women also took the lead by volunteering, coaching, and hosting workshops, making the event a real community effort.

A Charity Raffle was held with proceeds going to The Kevin Bell Repatriation Trust. Thanks to all sponsors who donated raffle prizes.

Coaching and Development

One leader completed TCL in 2024, and 2 further leaders have undertaken training and are awaiting assessment

A number of WOW Off Road Coaches attended the Cycling Ireland and Triathlon Ireland Level Up Coaching Skills Conference on March 2nd, 2024, at the Tollymore Outdoor Centre.

Other events

A number of other events are planned including:

The Gap

Joint event on 3rd November 2024 at the GAP in partnership with Cycling Connacht including subsidised coaching by Aisling Cullen from TrailBodyBike or subsidised full day uplift. A good turnout is expected.

Winter Wellness

The first Winter Wellness day is planned for 18th January 2025. The day will start with a choice of MTB or Gravel spins followed by lunch and wellness workshops including mindfulness, positive thinking and yoga.

Coaching for intermediate MTB riders beyond Reds

This event is in planning.

Safeguarding Report

Safeguarding refers to the process of protecting children (and adults) to provide safe and effective care. Anyone working with Persons under the age of 18 should attend Safeguarding training and must have Access NI or Garda vetting. If you will be travelling in both jurisdictions, you should have both Access NI and Garda vetting.

Safeguarding courses have been arranged through Sport NI for Cycling Ulster members and they are also available through local council and local sports partnerships.

Safeguarding training needs to be updated every three years either in person or by taking the refresher course that is available on the Sport NI website.

Under Cycling Ireland policy all Access NI certificates must be renewed every 3 years.

Over 40 Access NI checks have been carried out in 2024. All information regarding Safeguarding and Access NI checks is available on the Cycling Ulster website.

Pamela Ward Safeguarding Officer Cycling Ulster Executive

Ulster Regional Development Officer- Gary McKeegan

I am a lifelong cyclist across multiple disciplines, and my role in regional development is to foster growth in cycling at all levels through events and clubs, building a strong, vibrant community. Achieving this requires collaboration to maximise funding, facilities, and opportunities within our membership across Ulster. I invite you and your clubs to engage with Stuart (Youth), Gemma (Community, Socials, Admin, and more), and myself.

Since assuming this role in mid-summer, I've focused on establishing connections within and outside the cycling community, including local authorities, government bodies, and other interested parties.

Highlights:

- - Education Authority: The Armagh BMX track is now operational, providing youth club members with a new activity. I'll continue supporting their staff to expand access.
- - Local Authorities: We are collaborating with several councils on new and upgraded facilities, starting with a family cycle trail at Henry Jones to promote cycling development. Discussions for an upgrade to the Ormeau BMX track are ongoing, along with MTB trail developments in Mid Ulster and Mid and East Antrim.
- - Women in Sport: Organised events aimed at increasing female participation across all cycling levels.
- - Coach and Leader Development: Conducted various courses in Ulster to upskill members, enabling them to lead club and community rides and coach cyclists in skill and fitness improvement across disciplines.

Next Steps

Roll out club support focused on financial, governance, youth, women and girls, and inclusivity, working with external bodies like Disability Sport, SportNI, Sport Ireland, and local sports partnerships to strengthen clubs.

Youth Development Officer – Stuart Balfour**Club Meetings and Event Attendance:**

I spent the initial phase of my role meeting with clubs, coaches, and commissions to understand current activities, past successes and challenges, and future goals. I attended events across all disciplines, gauging participation and understanding the cycling scene in the region. We have established a pool of coaches to help deliver events, with plans to expand this network in 2025.

After settling in, we held multiple summer camps during the school holidays, plus a "come and try" event.

Summer Camp:

We organised sessions for beginners, intermediate, and advanced riders, catering to under-18 participants, including children as young as five. The sessions focused on core skills, with advanced groups progressing to higher levels. In total, we reached 74 kids. I aim to work with coaches and clubs to create a clearer pathway from these events to club participation.

- Come and Try Day in Monaghan: This beginner's session, held in collaboration with CBR, focused on core cycling skills. The session was free, fully booked with 20 riders, and I hope to organize similar events across counties.

Winter Plan:

- - Zwift Sessions: We are hosting two weekly Zwift sessions to maintain regular rider engagement, offering structured training and social interaction.
- - Monthly Seminars: The first seminar on October 10th focused on goal setting and year planning. These sessions will offer education and insights, with future sessions open to rider input for topics.
- - Development Days: Our first Development Day on October 19th in Garvagh offered rides for all ages, with both road and off-road sessions. These will help bridge age groups and build connections between younger and older riders.
- - Off-Road Training: Halloween break MTB sessions in Davagh and Rostrevor are split into beginner and advanced groups, teaching core skills and building enjoyment.
- - Track Trips: We are planning a training trip with the Sundrive Velodrome Group in Glasgow on October 29th-30th and coordinating with the Track Commission for participation in upcoming 'Monsters of Track' events.

Schools Engagement Plan:

We have several initiatives aimed at increasing cycling awareness in schools:

- Sustrans Collaboration: Partnering with Sustrans to expand school sessions, promoting upcoming Cycling Ulster events and club information.
- Active Schools Pilot (Belfast): Assisting with Belfast’s Active Schools Pilot, modelled after Scotland’s programme, to include cycling as a sports option. Linking nearby clubs will help promote youth cycling.
- School Contacts: Engaging with schools like Banbridge Academy to explore cycling and spin classes for secondary students.
- Council Visits: We are working with councils to access schools for cycling skills programs. Ards and North Down councils have reached out to all schools, with more discussions planned for expanding access and securing bikes for students.

Voice of the Child Initiative:

We aim to involve young people in shaping their cycling experiences. Feedback so far has provided valuable insights into what youth find enjoyable and meaningful in cycling. Their suggestions align well with our current plans, and we’re working to incorporate their ideas into actionable programs.

Link My Ride County Clubs:

The Link My Ride (LMR) app, partnered with Cycling Ireland, could be a valuable tool for promoting youth cycling. It allows clubs to post rides, training, and events on a centralised platform, helping to distribute responsibilities and boost collaboration across clubs. We’ve already established a Down/Armagh Youth Club on the app and are exploring ways to expand its reach.

Membership:

Area	Ulster	Antrim	Derry/ Londonderry	Down	Armagh	Fermanagh	Tyrone	Cavan	Donegal	Monaghan
Youth	491	159	27	41	135	3	57	15	39	15
Total inc Youth	5963	1328	434	1059	1424	70	578	325	523	222

Gender Split		
Area	Male	Female
Antrim	1085	235
Armagh	1195	221
Down	873	182
Derry	361	67
Fermanagh	52	6
Tyrone	446	117
Cavan	235	83
Donegal	392	123
Monaghan	164	51

Activities Summary:

- - Monaghan Kids Day: 20 participants (new members)
- - Gosford Summer Camp: 61 participants (41-day licences)
- - Garvagh Summer Camp: 13 participants (6-day licences)
- - Ulster Devo Day: 29 participants (1 day licence)
- - Davagh MTB Day: 39 participants (26-day licences)
- - Rostrevor MTB Day: 17 participants (9-day licences)
- - Cycle Skills Programs: Banbridge, Carrickmacross, Newry
- - Zwift Program: Open to all current members, with numbers fluctuating
- - Ride Leader Training in Donegal, Omagh, Belfast and Gilford

Admin and Community Bike Ride Report

Community Bike Rides re-launched in April 2024, using a new app called 'LinkmyRide' to advertise the social group spins. Since then, over 1800 people have signed up to the app throughout Ireland and more than 700 group cycles have taken place, 300 of those in Ulster.

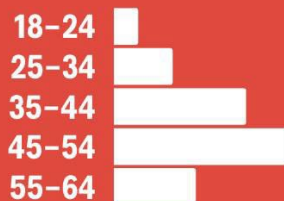
The Community Bike Ride programme allows a ride leader to take out non-CI members, ensuring the group is covered by CI insurance for the duration of the ride advertised on the LinkmyRide app.

We have trained new Ride Leaders to support the programme through funded spaces and are always on the lookout for new volunteers from the cycling community. If clubs are interesting in adding a Community Bike Ride to their club offerings to bring on new members, they can email communitybikerides@cyclingleireland.ie

It has been great working with clubs to promote their events on social media as well as attend a number of events throughout the year, capturing the fun element and showcasing our sport.

The social media channels are growing from strength to strength, and I look forward to working with more clubs in the future. Please contact gemma.mcnamara@cyclingleireland.ie to discuss how I can help you advertise your events and raise your club profile.

SOCIAL MEDIA STATS

AGE RANGE**TOP 5 LOCATIONS**

BELFAST
DUBLIN
CRAIGAVON
DUNGANNON
NEWRY

ANNUAL REACH**FOLLOWERS**

FACEBOOK 5.6K
INSTA 1.3K

INSTA REEL PLAYS HIGHEST 47K
AVG PLAYS 3K**DEMOGRAPHIC**

73%  27% 

Mary Peters Trust report

The Mary Peters Trust (MPT) continues to support Cycling Ulster athletes by providing funding to young riders across the province, whether disabled or able bodied, to achieve their sporting dreams and ambitions. MPT has provided grants to enable athletes to buy kit, travel to competitions, pay for entrance to events and contribute towards costs for warm weather training.

In April 2024, Cycling Ulster endorsed 13 athletes for funding with seven being successfully awarded a total fund of £4000. The athletes included three female and four males. This funding will be a fantastic support towards these young athletes developing their career in sport to the next level.

The Cycling Ulster Executive would like to thank MPT for their continued support of Cycling Ulster athletes.

Joanna Gray

6. To consider and propose alterations to the rules and /or constitution**7. To consider any previously submitted motions.****8. To elect Officers to the Executive as follows****Chairperson**

- Carl Fullerton, nominated by Donegal Bay Cycling Club.
- Tommy McCague, nominated by Emyvale Cycling Club.

Treasurer

- Martin Montague, nominated by Dunloy Cycling Club.

Executive Officer x 3

- Rebecca Fitzgerald, nominated by Cycling Ulster Executive.
- Cathir Doyle, nominated by Carn Wheelers Cycling Club.
- Donna Smith, nominated by Emyvale CC
- Mark Kavanagh, nominated by Lakeland CC

9. Closing address**10. Close of the 2024 Cycling Ulster AGM.**