**Rider Expression of Interest to be selected for the Cycling Ulster Team taking part in:**

**Ras Mumhan.**

**Venue:** Munster

**Date:**  Easter weekend 29/03/2024 to 01/04/2024

**Age category:** Senior

**Race info: 5 Stages.**

* Stage 1a. TTT
* Stage 1b RR
* Stage 2
* Stage 3
* Stage 4

**Please complete the following information:**

**Name:**

**Club:**

**Please supply Race results you wish to be taken into consideration by the selection panel.**

**Any other relevant information you feel may help your selection.**

**Please enter any other relevant information below.**