

Stage 1 • Omagh Sports Forum Tour of Ulster • 75.6 miles

Saturday 2nd May 2009



Itinerary

| | | |
|---------------------------|--|----------|
| Race Headquarters: | Changing in Omagh Leisure Centre, Old Mountfield Road, Omagh | |
| Sign On: | 10:00 AM | 11:30 AM |
| Meetings: | Organisers | 09:00 AM |
| | Commissaires | 10:00 AM |
| | Managers | 10:30 AM |
| | Marshals | 11:00 AM |
| | Depart | 11:45 AM |
| | Start | 12:00 PM |



Race HQ – Omagh Leisure Centre, Old Mountfield Road, Omagh, race to finish at approx. 2.50pm
Changing and showers will be available.

Neutralised - Old Mountfield Road, at lights turn left on to Mountjoy Road.

At traffic lights, turn left onto Drumreagh Avenue, straight through traffic lights to Dublin Road.

Turn right onto by-pass at roundabout. Take second junction on by-pass, direction Ballygawley at end climbing sign.

End of Neutralised Section

| Route | | | Miles | | Prime | Schedule | | |
|--|-------------|----------------------|-------------|-------------|----------------|-----------------|-----------------|-----------------|
| Description | Feature | Instruction | From Start | To Finish | | 25 mph | 27 mph | 30 mph |
| A5 Dir Ballygawley Sign on left | Race | Rolling Start | 0.0 | 75.6 | | 12:00 PM | 12:00 PM | 12:00 PM |
| Dir Clogher B83 | Y Junction | Turn Right | 4.5 | 71.1 | | 12:10 PM | 12:10 PM | 12:09 PM |
| Dir Clogher B83 | Crossroad | Straight | 5.6 | 70.0 | | 12:13 PM | 12:12 PM | 12:11 PM |
| Dir Clogher B83 | Crossroad | Straight | 6.7 | 68.9 | | 12:16 PM | 12:14 PM | 12:13 PM |
| Dir Clogher B83 | Y Junction | Take Right | 8.8 | 66.8 | | 12:21 PM | 12:19 PM | 12:17 PM |
| Dir Clogher Ballymagowan Road | T Junction | Turn Right | 12.8 | 62.8 | | 12:30 PM | 12:28 PM | 12:25 PM |
| Clogher , Dir Fivemiletown A4 | T Junction | Turn Right | 14.6 | 61.0 | | 12:35 PM | 12:32 PM | 12:29 PM |
| Fivemiletown , Dir Fintona B122 | Roundabout | Take Second Exit | 21.1 | 54.5 | | 12:50 PM | 12:46 PM | 12:42 PM |
| Dir Fintona CAUTION TRAFFIC ISLAND | Y Junction | Turn Right | 21.2 | 54.4 | | 12:50 PM | 12:47 PM | 12:42 PM |
| Bridge B122 | Hill | Start KOH | 23.7 | 51.9 | | 12:56 PM | 12:52 PM | 12:47 PM |
| Sionfinn B122 | Top of Hill | KOH | 25.4 | 50.2 | 1st CAT | 01:00 PM | 12:56 PM | 12:50 PM |
| Bends on Road B122 | Descent | CAUTION | 27.6 | 48.0 | | 01:06 PM | 01:01 PM | 12:55 PM |
| Fintona , Dir tempo B80 | Bridge | CAUTION | 30.4 | 45.2 | | 01:12 PM | 01:07 PM | 01:00 PM |
| Dir Trillick Tonnagh Road | Y Junction | Turn Right | 31.1 | 44.5 | | 01:14 PM | 01:09 PM | 01:02 PM |
| Dir Trillick Tonnagh Road | Y Junction | Take Left | 35.6 | 40.0 | | 01:25 PM | 01:19 PM | 01:11 PM |
| Dir Trillick B46 (Harps Store) | T Junction | Turn Left | 37.5 | 38.1 | | 01:30 PM | 01:23 PM | 01:15 PM |
| Trillick , Dir Ballinamallard | Village | CAUTION | 39.2 | 36.4 | | 01:34 PM | 01:27 PM | 01:18 PM |
| Ballinamallard , Dir Enniskillen | Village | CAUTION | 44.6 | 31.0 | | 01:47 PM | 01:39 PM | 01:29 PM |
| Ballinamallard , Dir Enniskillen | Roundabout | Take Second Exit | 45.0 | 30.6 | | 01:48 PM | 01:40 PM | 01:30 PM |
| Dir Enniskillen | T Junction | Turn Left | 47.3 | 28.3 | | 01:53 PM | 01:45 PM | 01:34 PM |
| Dir Kesh B72 | Roundabout | Take Second Exit | 47.8 | 27.8 | | 01:54 PM | 01:46 PM | 01:35 PM |
| Dir Ederney B4 | Y Junction | Turn Right | 56.6 | 19.0 | | 02:15 PM | 02:05 PM | 01:53 PM |
| Dir Ederney | T Junction | Turn Right | 59.6 | 16.0 | | 02:23 PM | 02:12 PM | 01:59 PM |
| For 0.50 of Mile | Ramps | CAUTION | 60.1 | 15.5 | | 02:24 PM | 02:13 PM | 02:00 PM |
| Ederney , Dir Omagh B4 | Roundabout | Take Second Exit | 60.3 | 15.3 | | 02:24 PM | 02:14 PM | 02:00 PM |
| 30MPH Sign Lack B4 | Hill | Start KOH | 63.7 | 11.9 | | 02:32 PM | 02:21 PM | 02:07 PM |
| White fence on left | Top of Hill | KOH | 65.6 | 10.0 | 3rd CAT | 02:37 PM | 02:25 PM | 02:11 PM |
| Dir Omagh A32 | T Junction | Turn Left | 70.6 | 5.0 | | 02:49 PM | 02:36 PM | 02:21 PM |
| Omagh , Before 30mph sign on Dromore Road | | Finish Line | 75.6 | 0.0 | | 03:01 PM | 02:48 PM | 02:31 PM |